



**BALLIDU
PROGRESS
GROUP**



CASE II

Rider Guide 2024



Winners



BECOME A MEMBER OF WESTCYCLE



RIDE COMMUNITY
\$15 PER PERSON

RIDE A BIKE EVERY NOW AND THEN?

- Ride Community Membership is for people who support the organisation that supports people who ride bikes.
- Access member benefits from our partners including discounted bike accessories and apparel, tours, ferry tickets and more...
- Invitations for WestCycle events including social rides, bike training, seminars and workshops.

REGULAR RIDERS

- All member benefits included in the Ride Community membership, plus:
- Member discounts on WestCycle competitive events.
- Discounted bike insurance.
- Access to WestCycle programs (online and live) for participation ride event preparation.
- Paraplegic Benefit Fund membership (applies 24/7 – NOT just when riding bikes).



RIDE ACTIVE
\$69 PER PERSON



RIDE SECURE
\$139 PER PERSON \$109 CONCESSION
\$179 FAMILY OF 2 \$199 FAMILY OF 3+

REGULAR RIDERS WHO WANT PEACE OF MIND

- All member benefits included in the Ride Active membership, plus:
- Public Liability Insurance.
- Personal Accident Insurance cover.
- Membership and peace of mind for individuals, couples or families.

FIND OUT MORE AT [WESTCYCLE.ORG.AU/MEMBERSHIP](https://westcycle.org.au/membership)



BOEKEMAN MACHINERY | CASE II BIKE IT TO BALLIDU GRAVEL Saturday, 21 September 2024



Contents

PAGE

- 4 Rider number plate collection
- 5 Ride briefing, departure times
- 6 Event Village happenings
- 7 Location, parking, timing
- 8 Rider etiquette
- 9 Cut off times, rail safety, tyre recommendations
- 10 Course signage
- 11 Bike prep
- 13 Nutrition, clothing, photography
- 14 What to pack
- 15 Emergency info
- 16 Rider support
- 17 Our volunteers
- 19 Ride info | Just Ballidu it | 12km
- 20 Ride info | Yes You Canola | 46km
- 21 Ride info | The Ballidude | 85km
- 22 Ride info | Wongan Thrills | 161km
- 23 Thanks to our sponsors!

EVENT PROGRAM

PRE-EVENT | RIDER NUMBER PLATE COLLECTION

Rider number plates can be collected from the Ballidu Sports & Recreation Ground/Bowls Club between 5-7pm on Friday 20 September.

For those arriving on event day (21 September), rider number plates can be picked up from the WestCycle tent at the Event Village at Alpha Park from 8am. Please collect your number plate before your rider briefing.



- Entry
- Registration
Dinner
Barefoot Bowls
- Showers
- Camping

Please Note:

- Camp on the oval at your own risk - there are prickles!
- Ride on sealed paths to avoid the prickles.
- These are unpowered camp sites.

Please respect the area and dispose of your rubbish appropriately.

BITBG Event Map



Please park at the Ballidu Primary School. Disabled parking is available at the Heritage Cafe.

**ROAD
CLOSED**

For everyone's safety Federation street between Baroota street and Bunyip street will be closed, as well as the event block of Alpha Street.

You will need to turn on to Baroota or

YOUR RIDER PLATE NUMBER

Each rider will receive a number plate to be attached to your handle bars with provided zip ties.

Please do not cross the start line prior to your ride beginning as this may result in an incorrect time being recorded.



EVENT PROGRAM

RIDE BRIEFING/DEPART TIMES | SATURDAY 21 SEPTEMBER

8:50am Rider Briefing | Wongan Thrills | 161km | Alpha Park, Ballidu

9:00am Wongan Thrills ride departs

10:50am Rider Briefing | The Ballidude | 82km | Alpha Park

11:00am The Ballidude ride departs

12:50pm Rider Briefing | Yes You Canola | 46km | Alpha Park

1:00pm Yes You Canola ride departs

1:50pm Rider Briefing | Just Ballidu It | 12km | Alpha Park

2:00pm Just Ballidu It ride departs

EVENT CONTROL - IMPORTANT PHONE NUMBER

Please save this event control number in your phone: **0475 709 568**.

In the event of a life-threatening emergency **dial 000**.

For non-life-threatening events (medical, mechanical issues) call the event control number or alert one of the support vehicles, course marshals or Pit Stop attendants.

EVENT PROGRAM

THE EVENT VILLAGE | SATURDAY 21 SEPTEMBER

7am | Alpha Street Event Village opens | Ballidu Heritage Centre Cafe open for breakfast | Ballidu Trading Post pop-up cafe

9am-All Day | Event Village, activities: Ballidu Lodge Art Gallery, Nyungar Cultural Centre, vintage cars, Ballidu Heritage Centre, bouncy castle, face painting, apex kiddy train, donut truck, local performers, the old school, food and drink, Boekemen's courtesy bus to and from Wongan Hills

9am | Wongan Thrills 161km ride departs

11am | The Ballidude 82km ride departs

Noon | Specialty food & drink vans/stalls open

1pm | Yes You Canola 46km ride departs

2pm | Just Ballidu It 12km ride departs

2pm | Live Music: Georgie Sadler

4:45pm | Welcome to Country - Tracy DeGrussa

5:00pm | Presentations

6pm - The Party! | Licensed bars, bucking bull, great food, live music, DJs, gravel ride boasting!

EVENT INFO

LOCATION

Ballidu is 217 kilometres north east of Perth and 34 kilometres north of Wongan Hills. Please allow three hours to travel, park and register for the event if travelling from Perth. **Avoid driving fatigued.**

EVENT PARKING

Parking is located at the old school site on Alpha St in Ballidu. Please use Bunyip St and Fairbank St to access the parking. Please note No Parking on Federation St between Baroota St and Bunyip St.

RIDE TIMING

The event is fully timed by Blue Chip Timing. Results will be published on www.ballidugravel.com.au post-event

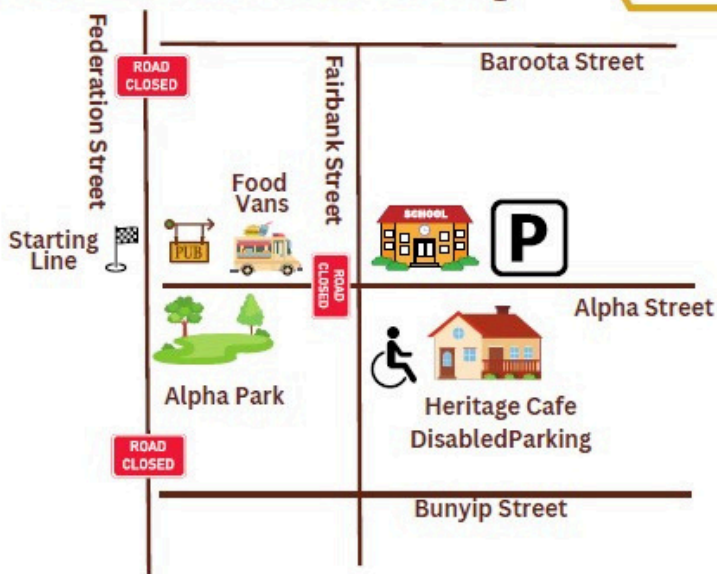
Bluechip will also post rider times to their website: www.bluechiptiming.com.au/results/


Avoid tampering with your rider plate as this could compromise the integrity of the timing chip.

A note for 161km riders | The area through **Wongan Hills town centre is a non-timed neutral zone.** This means you can stop and take refreshment, without time penalty.

You will be back on the clock once you pass through a timing gate on the other side of town.

BITBG Event Map



 Please park at the Ballidu Primary School. Disabled parking is available at the Heritage Cafe.

**ROAD
CLOSED**

For everyone's safety Federation street between Baroota street and Bunyip street will be closed, as well as the event block of Alpha Street.

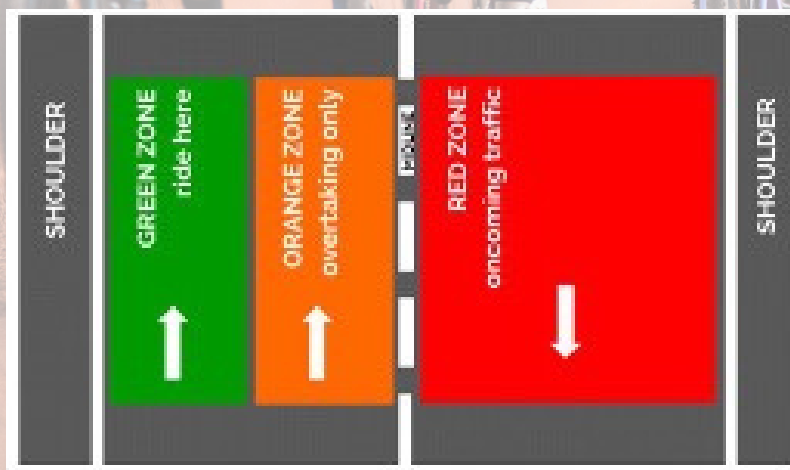
You will need to turn on to Baroota or Bunyip, then Fairbank to access parking.



EVENT INFO

RIDER ETIQUETTE

- Please use the toilets provided at the Event Village and at the Pit Stops.
- Follow the road rules and ride no more than two abreast. Please move to single file where appropriate such as when overtaking, crossing rail lines or on bitumen roads.
- Follow instructions from all event staff and officials.
- Slow down when approaching intersections and level crossings. Traffic management will be present at main intersections however the roads will still be open to traffic.
- Feel free to thank our hardy band of volunteers who have given up their time to support the event. These events simply don't happen without these legends!



SHARE THE ROAD

BE AWARE THAT YOU ARE RIDING ON OPEN ROADS

RIDE in the **GREEN ZONE**
OVERTAKE in the **ORANGE ZONE**
STAY OUT of the **RED ZONE**

EVENT INFO

CUT-OFF TIMES

- Cut-off time ensure the integrity of the event, and safety and health of our riders.
- Riders who miss cut-off times are welcome to ride in the broom wagon back to the Event Village. Alternatively, once notified by event staff, riders can make their own way back to the finish via a shorter route.
- Wongan Thrills | 161km riders will need to be through pit stop 3 (109km) by 3:15pm.

RAIL SAFETY

- Riders should be aware of rail safety when traversing a level crossing and observe rail and road rules. Riders should only traverse a level crossing in single file, keep left at all times and watch for any vehicles approaching or traversing the level crossing. In addition participants must listen to guidance from marshals.
- Where event routes have the potential to impact the rail corridor, riders shall adhere to course marshal instructions and pass through the rail corridor as quickly as possible.
- All other areas of the rail corridor are strictly prohibited to be accessed by any riders.

TYRE RECOMMENDATION

We recommend tubeless 38-50mm tyres at 30-40 psi for a smoother ride and to reduce the likelihood of punctures.

EVENT INFO

COURSE SIGNAGE

The rides will be sign-posted in the following way...

Green | Route direction

Yellow | Upcoming turn

Red | Wrong Way



EVENT PREP

BIKE PREPARATION

A well-maintained bike means a better ride. We recommend giving your bike a thorough service before the event. This is especially important for gravel events that can place extra strain on tyres.

Punctures do happen. Ensure you carry spare tubes, gas cylinders or a bike pump, and repair kit. You should also know how to change a flat tyre prior to riding the event. Pit Stops and motorbike marshals will carry limited spares.

Vault Cycle Services will provide on-course support as well as free bike check-ups in the Event Village.

BIKE CARE

🔧 Punctures can be minimised by running suitable tyres in good condition at the right tyre pressure. If you are running tubeless tyres, make sure your sealant is topped up the week before the event and ridden on to ensure the sealant is doing its job. Adding sealant or changing to tubeless tyres the day before the event is not recommended.

🔧 Whether you're running tubes or tubeless, make sure you carry a spare tube or two in the right size.

🔧 Make sure your drive train is clean and well lubed.

🔧 Check your brakes are in good working order.

🔧 Performing this kind of bike care ahead of time can give you peace of mind on the day.

🔧 **We recommend: Tubeless 38-50mm tyres at 30-40 psi for a smoother ride and less chances of punctures.**

10% DISCOUNT

WESTCYCLE



winnersbars.com

EVENT PREP

NUTRITION

Hydration and nutrition are vital on longer rides, to maximise performance and ensure you complete the ride in a healthy state.

Try to stay ahead of your hunger and thirst. If you can, drink before you feel thirsty and eat before you feel hungry.

Winners Sports Nutrition and hydration products and bananas and snakes will be available from all Pit Stops.

We recommend arriving nutritionally prepared for the event. Find out more about optimising your nutrition game from this handy Winners guide [here](#).

WE ADVISE CARRYING ADDITIONAL FOOD AND WATER, ESPECIALLY ON THE LONGER RIDES. THERE ARE SOME SECTIONS WITH LIMITED PHONE RECEPTION.

CLOTHING

Please come prepared in case it is a hot day. Along with the usual cycling kit or official event jersey, consider other methods of keeping cool and protected such as a cycling cap, light coloured clothing, sunglasses and sunscreen.

PHOTOGRAPHY

Look out for our on-course photographers and give them a smile as you ride by. Photos will be available for purchase after the event. Feel free to tag **WestCycle Events** and **#BalliduGravel** if posting your footage to your own awesome socials.

EVENT PREP

WHAT TO PACK

COMPULSORY ITEMS

- Australian Standards bike helmet
- Drink bottle(s)
- Spare Tube(s), Co2 cannister or pump
- Puncture repair kit
- Nutrition: Food, snacks, bars, gels etc
- Mobile Phone
- Cash/Card
- Number Plate/Timing chip
- Photo ID

RECOMMENDED ITEMS

- Gloves
- Rear light
- Sunscreen
- Sunglasses
- Wind jacket
- Multi-tool or allen keys
- Change of clothes for after the event
- Mosquito repellent
- Portable phone power bank

EMERGENCY INFO

EVENT CONTROL - IMPORTANT PHONE NUMBER

Please save this number in your phone: **0475 709 568**

In the event of a life-threatening emergency **dial 000**.

For non-life-threatening events (medical, mechanical issues) call the event control number or alert one of the support vehicles, course marshals or Pit Stop attendants.

FIRST AID

St John's have a fixed medical station in Ballidu. There will also be a mobile medical crew on course.

If you need to withdraw from the ride, please contact Event Control on

0475 709 568

You can then wait for the BROOM WAGON to bring you and your bike to the next checkpoint for someone to collect you.

IS IT AN EMERGENCY?

Does it require Ambulance, Fire or Police?

YES

Contact Emergency Services

000

Contact Event Control

0475 709 568

NO

Contact Event Control

0475 709 568

In the event of an accident or incident, please contact Event Control on 0475 709 568

RIDER SUPPORT

ROUTE SUPPORT

Boekeman Machinery | Case IH Bike it to Ballidu Gravel is an open road event with volunteer marshals on course to direct riders. Please pay close attention to the directional signage along the route. Motorbike marshals will support riders where needed.

Motorbike marshals and Pit Stops will have limited mechanical supplies.

To flag down a marshal or sweep vehicle pull over and signal that you need assistance. Alternatively call or text Event Control on **0475 709 568** and a marshal will be directed to assist you.

RIDER WITHDRAWAL

If you need to withdraw, please text Event Control on 0475 709 568 with your rider number and location.

Alternatively, you may choose to wait for the sweep vehicle that will take you and your bike to the next Pit Stop for assistance.

DRIVE SAFE

Please remember you may be fatigued after your ride. Consider travelling the next day, or organising someone else to drive.

VOLUNTEERS

THE HEART OF BALLIDU GRAVEL

Events like the Boekeman Machinery | Case IH Bike it to Ballidu Gravel festival simply don't happen without the support of a large team of volunteers. Please take a second to thank them for giving up their time and expertise and giving their boundless enthusiasm to make this event a success!

We are still seeking a couple of volunteers for the day. Maybe a family member or friend would be keen? Some roles are only for a couple of hours. We are offering a free ride entry to a friend or family member of any volunteer who signs up before 18 September.

Contact info@westcycle.org.au to register as a volunteer. Or fill out this form: <https://forms.office.com/r/hZGifHbydW>

ALL VOLUNTEERS WILL BE FED, RECEIVE A 1-YEAR WESTCYCLE ESSENTIAL MEMBERSHIP + A TSHIRT.

RUBBISH DISPOSAL

Boekeman Machinery | Case IH Bike it to Ballidu Gravel traverses some beautiful wheatbelt scenery, and we want to keep it that way. Please respect the natural environment and local residents and farmers that allow our event to happen. Riders caught littering may be removed from the event.

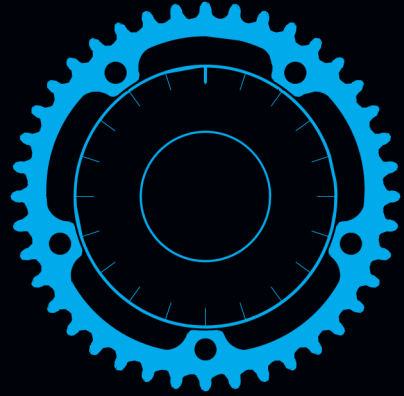
It is your responsibility to dispose of your rubbish. There will be bins at each Pit Stop location and in the Event Village. Hold on to gel wrappers and other waste until you reach some bins. Please don't throw food waste onto the roadside.

The Shire of Wongan-Ballidu has recycling facilities and we encourage riders and spectators to separate waste for recycling.

*Trusted by Tour de France Stage winners
and AIS athletes*

VAULT

CYCLE SERVICES



**Precision bike maintenance
with personalised service**

**Drop off & pick up from your home or work
Servicing Perth CBD and surrounds**

**Contact Richard on
(08) 9321 2463 or 0406 518 812**

**Book online at
www.vaultcycleservices.com.au**

10% discount for first time customers

THE RIDES

JUST BALLIDU IT | 12KM

This is the fun loop! A 12km gravel ride that includes a must do mud pit and novelty challenges that will definitely be worth the effort. Fancy dress is not only encouraged – it's rewarded with the day's best prize!



📍 Download the GPX file from this Strava link or QR code 📍

<https://www.strava.com/routes/3222834425010129132>

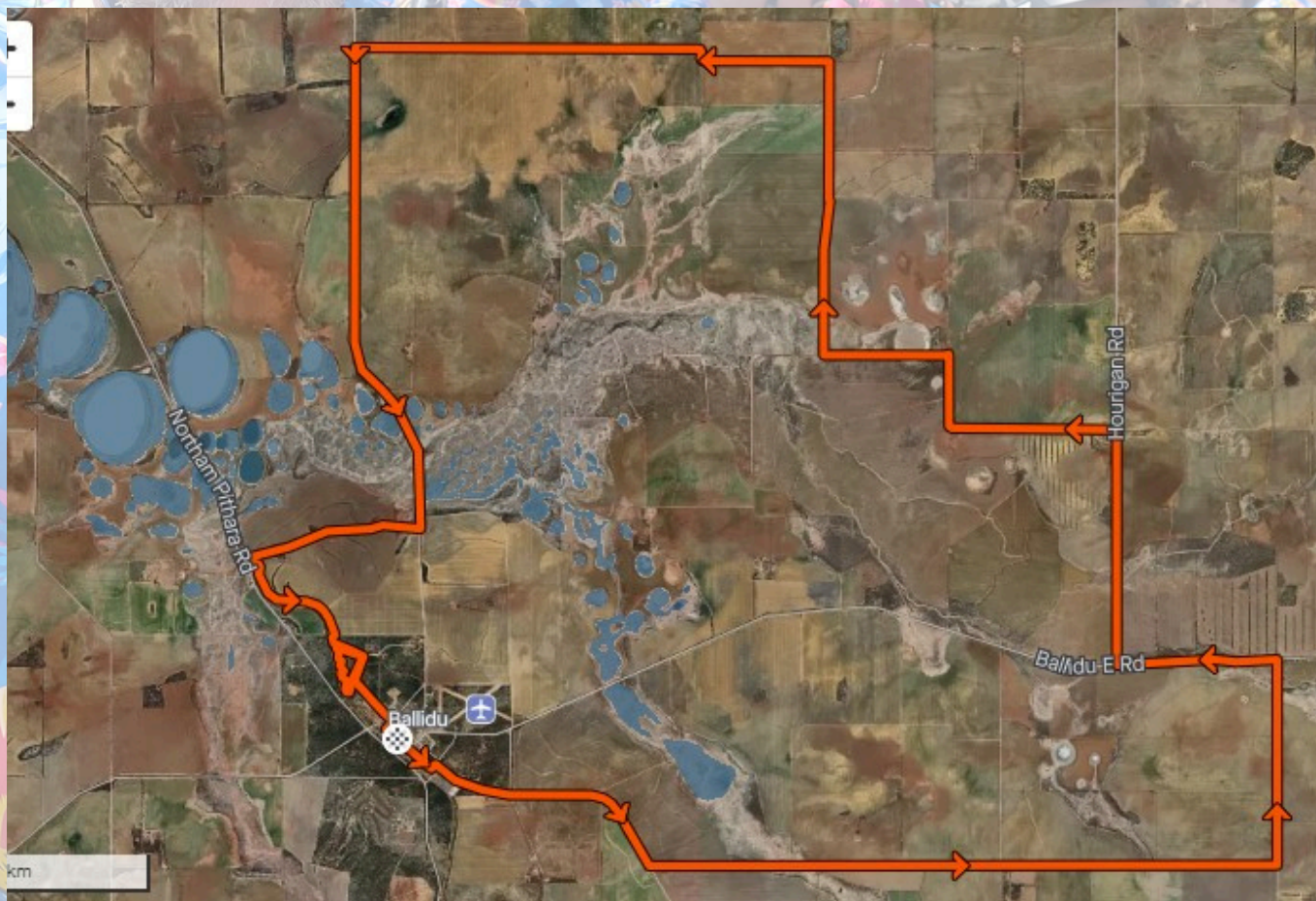


Please note all routes pass through private farmers' property only accessible on event day.

THE RIDES

YES YOU CANOLA | 46 KM

Any bike or e-bike should get your around here and if you've ridden the old Bike it to Ballidu route, this ride should suit you...crush novelty sections like a mud pit and needle in the haystack to win prizes! Fancy dress is encouraged!



📍 Download the GPX file from this Strava link or QR code 📍
<https://www.strava.com/routes/3222836579248401644>

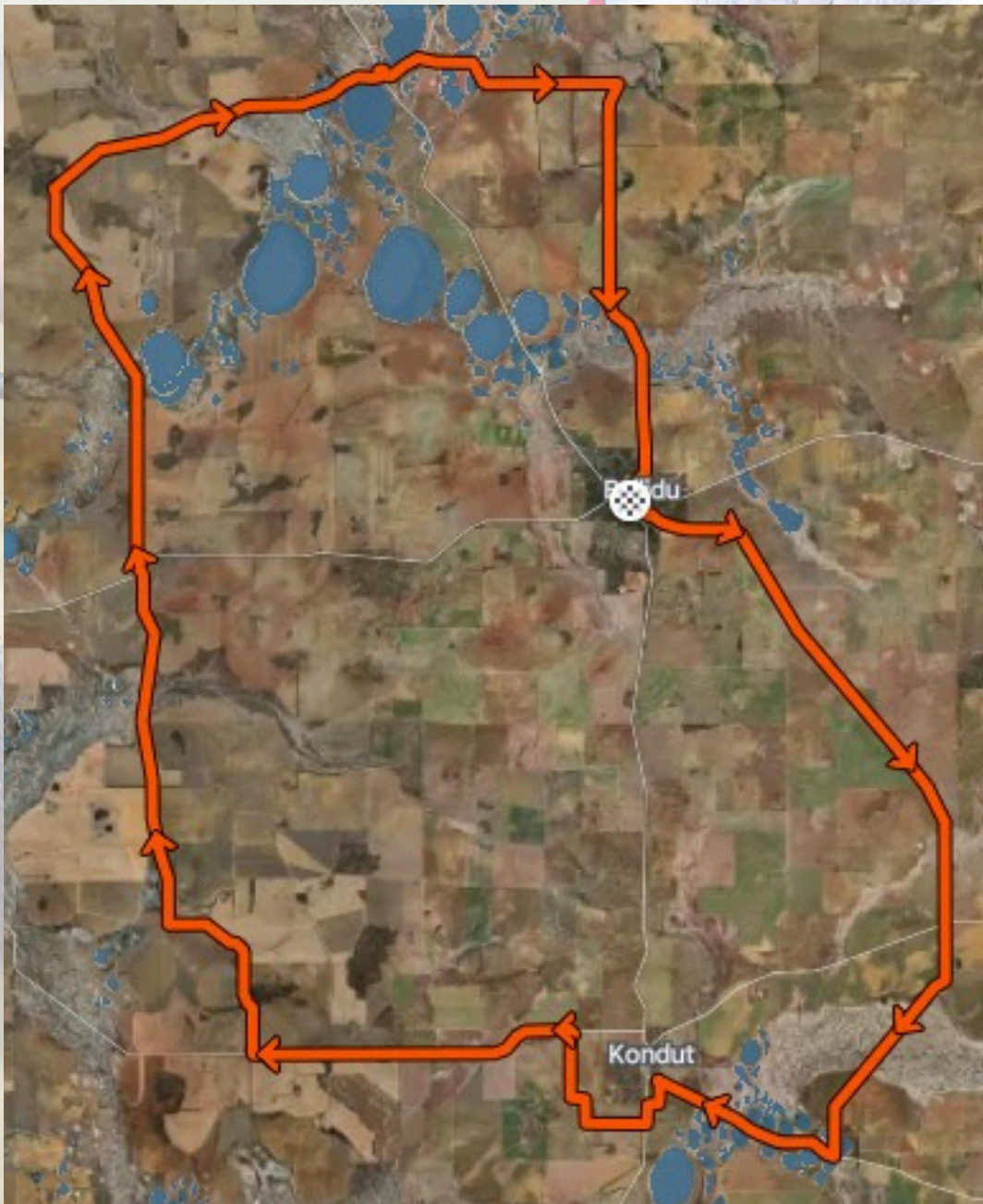


Please note all routes pass through private farmers' property only accessible on event day.

THE RIDES

THE BALLIDUDE | 82KM

Still a tough ride, but only about half as tough as Wongan Thrills, mostly on the same loop with about 450m metres of climbing.



📌 Download the GPX file from this Stava link or QR code 📌
<https://www.strava.com/routes/3235480845848159262>

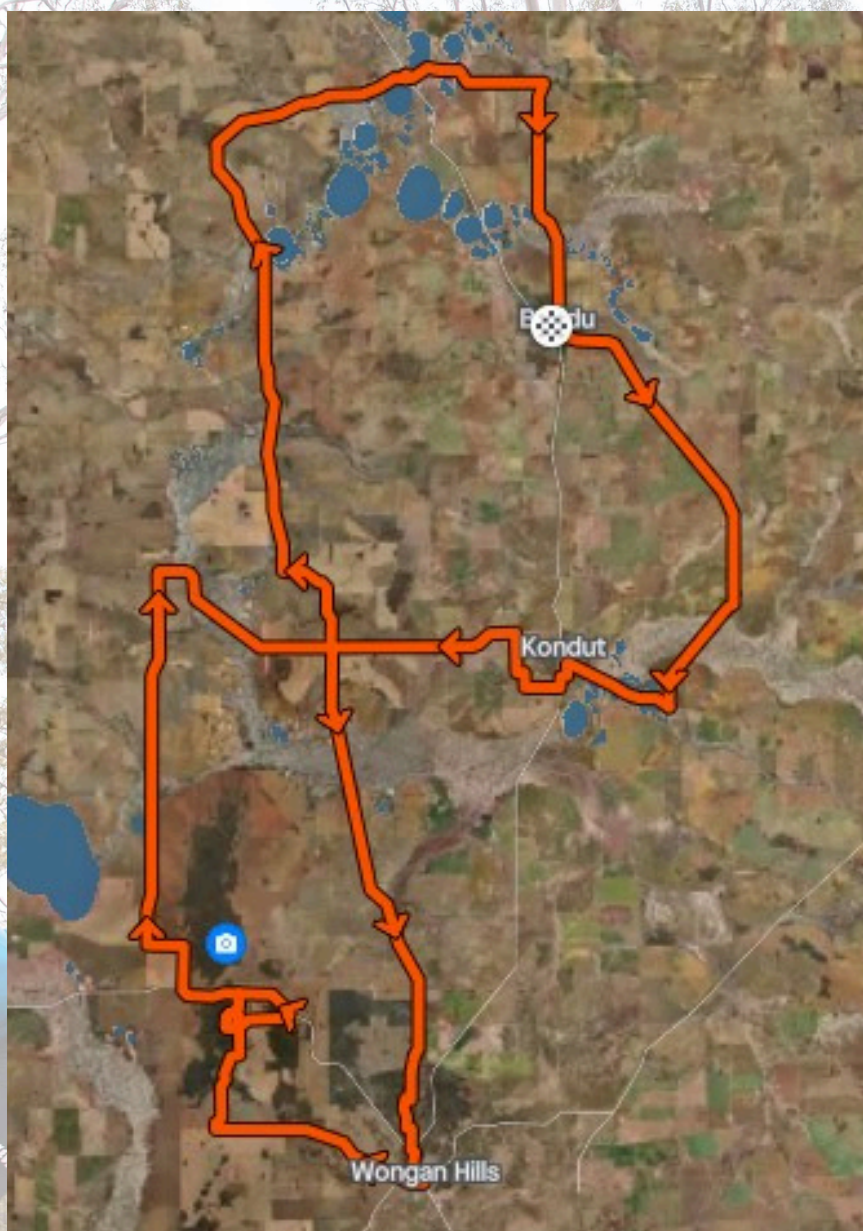


Please note all routes pass through private farmers' property only accessible on event day.

THE RIDES

WONGAN THRILLS | 161KM

Wongan Thrills is a proper gravel workout with about 1400 metres of vertical gain that includes the pinchy Mt O'Brien climb, lakes, salt plains and gravel from fast and furious unpaved roads to fire breaks, compact clay and farmers' tracks.



📌 Download the GPX file from this Strava link or QR code 📌
<https://www.strava.com/routes/3128906434704258492>



Please note all routes pass through private farmers' property only accessible on event day.

With Thanks
to our
Sponsors



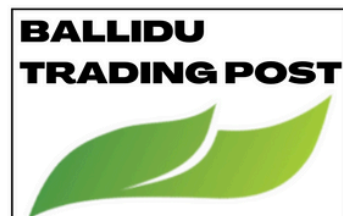
Department of
Local Government, Sport
and Cultural Industries



WONGAN ENGINEERING
REPAIRS & FABRICATION



WAUGH MILLER
— MACQUEEN —





ENJOY
YOUR
RIDE!